

Bob's Gym North Group Swim Lessons

Child's Name _____ Age _____

Parent's Name _____ Phone # _____

Address _____

- Check here if you are a Bob's Gym Member Check here if you are a Non-member
- Check here if you'd like Bob's Gym to charge your account for this session.

Children ages 3 and up may be enrolled in group swim lessons, for children under 3 years of age ask about Water Baby Classes. Availability of each class time will depend on enrollment. Each time frame needs at least three children and is limited to no more than five for each instructor. Please circle all of the days and times that may possibly fit your schedule; preferences will be noted. After turning in your sign-up sheet, you will be contacted the weekend before the new session starts to confirm your selection. *Cancellations do to inclement weather, or any other missed lessons will not be made up.* If you have additional questions, contact Aquatic Supervisor Severin Birchler 402-2627 ext. 1922 or e-mail Severin@bobsngym.com

Please circle the level you think your child is most suited for:

- Level I water awareness, water safety, entering and exiting the pool, kicking skills, breath control, submersion, jumping in to instructor
- Level II water safety, bob's, rhythmic breathing, arm movements, floating on front and back, combining kicking and arms
- Level III water safety, beginning stroke techniques for freestyle, elementary back, and backstroke
- Level IV water safety, stroke techniques for breaststroke, sidestroke and butterfly, sculling, treading water
- Level V strictly enhancing stroke techniques emphasis on endurance

* This section helps us to group your child with others of the most similar skill levels possible; the curriculum described for each level may or may not be included in the course.

Circle the dates that fit your schedule:

Mon./Wed.

Tue./Thur.

Aug. 30 – Sept. 22

Aug. 31 – Sept. 23

Sept. 27 – Oct. 20

Sept. 28 – Oct. 21

Oct. 25 – Nov. 17

Oct. 26 – Nov. 18

Nov. 29 – Dec. 22

Nov. 30 – Dec. 23

(Registration deadline is Thursday before start date.)

Circle the times that fit your schedule:

M/W Morning

M/W Evening

10:00 – 10:30am

4:00 – 4:30pm

10:30 – 11:00am

4:30 – 5:00pm

11:00 – 11:30am

5:00 – 5:30pm

11:30 – 12:00pm

T/R Mornings

T/R Evenings

10:00 – 10:30am

5:00 – 5:30pm

10:30 – 11:00am

5:30 – 6:00pm

6:00 – 6:30pm

6:30 – 7:00pm

Cost per session is \$45 for members, if enrolling 2 children \$80, 3 children \$105. Non-member cost is \$60, 2 children \$105, 3 children \$140.